

COVID Vital signs
We are all in the same storm
But in different boats.

Part 1 – Same Storm

COVID-19

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/coronavirus-disease-answers?query=What+is+COVID19%3F&referrerPageUrl=https%3A%2F%2Fwww.who.int%2Femergencies%2Fdiseases%2Fnovel-coronavirus-2019%2Fcoronavirus-disease-answers>
https://en.wikipedia.org/wiki/COVID-19_pandemic_in_Canada

Pandemic

<https://www.who.int/bulletin/volumes/89/7/11-088815/en/#:~:text=A%20pandemic%20is%20defined%20as,are%20not%20considered%20pandemics>

Variants

<https://www.cbc.ca/news/health/coronavirus-variant-canada-info-1.5855396>
<https://calgary.ctvnews.ca/covid-19-variant-from-south-africa-found-in-alberta-1.5259974>

Provincial cases at 100 Days (June 21), 200 Days (Sept 29), 300 Days (Jan 7, 21):

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>
<https://art-bd.shinyapps.io/covid19canada/>
<https://www150.statcan.gc.ca/t1/tbl1/en/cv.action?pid=1710013401>

Part two - Different Boats

Ethnicity

Advanis

Signpost 100 – The first 100 days of COVID in Canada

COVID Signpost 200

<https://www150.statcan.gc.ca/n1/daily-quotidien/201126/dq201126c-eng.htm>

<https://www150.statcan.gc.ca/n1/pub/45-28-0001/2020001/article/00087-eng.htm>

<https://www.alberta.ca/covid-19-alberta-data.aspx#p25721s5>

<https://innovativeresearch.ca/the-impact-of-covid-19-on-black-canadians/>

<https://www.cbc.ca/news/canada/edmonton/covid-19-reserves-indigenous-1.5815756>

<https://www.canada.ca/en/indigenous-services-canada/news/2020/09/government-of-canada-announces-the-indigenous-organizations-in-alberta-who-received-funding-to-address-the-covid-19-pandemic-in-urban-areas.html>

<https://www150.statcan.gc.ca/n1/daily-quotidien/200703/dq200703a-eng.htm>

<https://policyoptions.irpp.org/magazines/may-2020/canadas-covid-19-blind-spots-on-race-immigration-and-labour/>

Seniors

<https://www150.statcan.gc.ca/n1/daily-quotidien/200609/dq200609a-eng.htm>

<https://www150.statcan.gc.ca/n1/pub/45-28-0001/2020001/article/00079-eng.htm>

LGBTQ2S+ Canadians

Vulnerabilities related to COVID-19 among LGBTQ2+ Canadians by Elena Prokopenko and Christina Kevins Release date: December 15, 2020

Persons with disabilities

Impacts of COVID-19 on persons with

Disabilities - Released at 8:30 a.m. Eastern time in The Daily, Thursday, August 27, 2020

[The impact of the COVID-19 pandemic on Canadian families of children with disabilities \(statcan.gc.ca\)](https://www150.statcan.gc.ca/n1/pub/45-28-0001/2020001/article/00079-eng.htm)

Edmonton's Homeless Population

<https://edmontonjournal.com/news/local-news/edmonton-convention-centre-outbreak-update>

<https://homewardtrust.ca/homeless-amid-covid/>

Food Security:

<https://www150.statcan.gc.ca/n1/en/pub/82-003-x/2020012/article/00001-eng.pdf?st=5dTHSk6Q>

Food insecurity and mental health during the COVID-19 pandemic. Release date: December 16, 2020 by Jane Y. Polsky and Heather Gilmour Catalogue no. 82-003-X ISSN 1209-1367

Dunham, J. 'I Ate' food banks fundraising campaign aims to make that true for all Canadians. CTV News [Internet]. 2020 May 19 [cited on November 27, 2020]. Available from: <https://www.ctvnews.ca/canada/i-ate-food-banks-fundraising-campaign-aims-to-make-that-true-for-all-canadians-1.4944560>

The Economy

<https://www150.statcan.gc.ca/n1/daily-quotidien/200807/dq200807a-eng.htm>

Unemployment rate at the hundred-day markers

<https://edmontonjournal.com/news/local-news/alberta-adds-23400-jobs-in-october-keeping-six-month-streak-alive>

<https://economicdashboard.alberta.ca/Unemployment>

https://ycharts.com/indicators/edmonton_ab_unemployment_rate

<http://angusreid.org/universal-basic-income-covid19/>

Domestic Violence during the Pandemic.

Edmonton Journal - Domestic violence fears rise along with Alberta COVID cases: spousal violence police calls up 16 %. Author of the article: **Jonny Wakefield** Publishing date: Nov 26, 2020

PANDEMIC MEETS PANDEMIC: UNDERSTANDING the IMPACTS of COVID-19 on GENDER-BASED VIOLENCE SERVICES and SURVIVORS in CANADA

<https://endingviolencecanada.org/wp-content/uploads/2020/08/FINAL.pdf>

Quality of Life:

Schrumm, A. (2020). The future of Post-Secondary Education: On Campus, Online and On Demand RBC Thought Leadership.

The COVID-19 pandemic and life satisfaction in Canada by John F. Helliwell, Grant Schellenberg and Jonathan Fonberg Release date: December 21, 2020

Mental Health

Simpson. 2020. COVID-19: A Mental Health Pandemic. Three-Fifths (59%) of Canadians Report That Their Mental Health Has Been Negatively Affected by the Coronavirus. Retrieved from <https://www.ipsos.com/en-ca/news-and-polls/COVID-19-A-Mental-Health-Pandemic-Three-Fifths-Of-Canadians-Report-Their-Mental-Health-Has-Been-Negatively-Impacted>

Angus Reid Institute. (2020). [Worry, Gratitude & Boredom: As COVID-19 affects mental, financial health, who fares better; who is worse?](#)

Alcohol Consumption

NANOS. 2020. Boredom and Stress Drives Increased Alcohol Consumption during COVID-19: NANOS Poll Summary Report. Retrieved from: <https://secureservercdn.net/198.71.233.47/823.910.myftpupload.com/wp-content/uploads/2020/06/2020-1645-CCSA-May-Report-FINAL-with-tabs.pdf>

Record Opioid usage:

[Alberta COVID-19 Opioid Response Surveillance Report Q2 2020](#)

[AHS disbands team that prepared front-line workers to help clients with addictions | CBC News](#)

Becoming complacent

Angus Reid Institute. 2020. Three months after COVID-19 pandemic declared, Canadians express 'fatigue', are social distancing less. Retrieved from: <http://angusreid.org/social-distancing-covid19/>

How our medical professionals are doing:

<https://nationalpost.com/news/canada/the-third-wave-the-shortage-of-health-care-workers-because-they-are-too-burnt-out-or-sick-themselves>

<https://www.cihi.ca/en/covid-19-cases-and-deaths-among-health-care-workers-in-canada>

<https://globalnews.ca/news/7461421/alberta-healthcare-workers-covid-19-positivity-staffing/>

<https://www.cbc.ca/news/canada/edmonton/u-of-a-study-mental-health-care-covid-1.5818020>

<https://www.ualberta.ca/folio/2020/09/u-of-a-researcher-studying-how-well-covid-19-safety-measures-are-protecting-canadas-health-workers.html>

How you can help:

<https://www.epl.ca/blogs/post/7-ways-to-provide-support-during-covid-19/>

https://www.edmonton.ca/programs_services/emergency_preparedness/edmonton-gives-individuals.aspx

<https://www.alberta.ca/covid-19-alberta-data.aspx#toc-0>

<https://edmonton.ctvnews.ca/this-map-shows-where-edmonton-s-covid-19-cases-are-1.4860181>

<https://www.todayville.com/edmonton/website-with-worldwide-live-coronavirus-stats/worldometers.info/coronavirus>